

# Blue Ridge Opportunities

November 2023

Dear Family and Friends,

Happy Holidays and we hope this finds you all well! We are definitely looking forward to the season of gratitude. We are so grateful for our community and the support we have been receiving from each and every one of you. Plus... the holidays mean celebrations! We love a good party and use every single opportunity we have to have one!



We have continued with our backpackers program and are working with Calvary Episcopal Church to deliver food to Ressie Jeffries Elementary School each week. We have found a great relationship with Shenandoah Senior Living and continue to visit them weekly. The whole agency went to Fairview Fun Farm and had a blast.

Some went to the Green Valley Book Fair in Mt. Crawford and enjoyed lunch out at Cracker Barrel.



We are also working hard on independence and have started to learn how to use the local trolley.

We use every opportunity we can to get out and about and explore the wonderful Shenandoah Valley that we live in. There are so many places to see and amazing things to do. We hope you get out and enjoy them, too!



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## Friendship Club Corner

The friendship Club has been busy this fall. We have had two new members that have recently started attending BRO. Each member was introduced and answered questions from other team members as we found common things to talk about .

With fall and winter approaching fast our group discussed many health and safety topics such as wearing appropriate seasonal clothing, proper handwashing techniques, when to stay home if sick and when to return after feeling better.

One of our sessions was to ask... not tell. We were able to ask positive questions to our friends without sounding bossy or misunderstood.

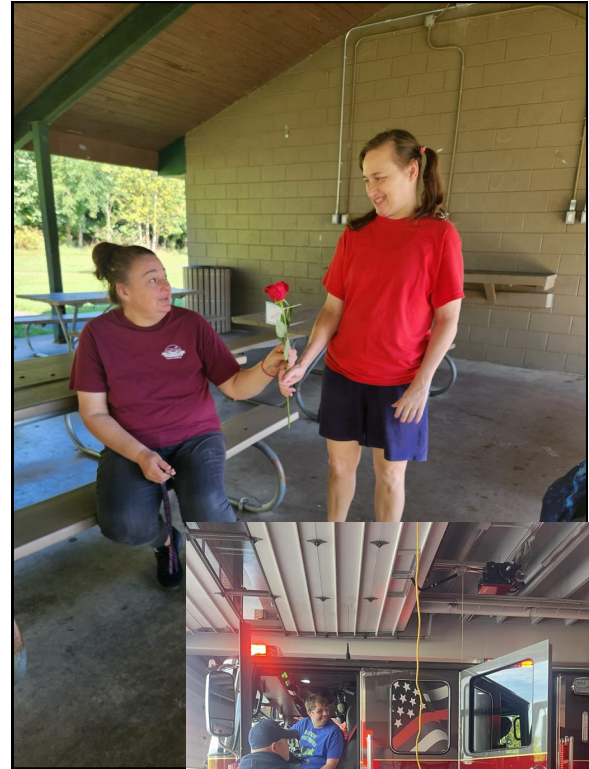
The Friendship Club took an afternoon to complete a random act of kindness by making cards to send to a deployed military member. She has received them and enjoyed BRO thinking of her.

During a compliment day we took time to acknowledge each of our support staff. We express positive words, wrote them on a heart and gave them to staff to show how much they mean to us.

Did you know? People who gravitate to the color blue are charming, friendly and emotional. Everyone has a favorite color which says a lot about their personality and tells a fascinating tale about your character. Each of us chose our favorite color and were able to learn how we are similar, but we are also all different.

**“We are a box of crayons, each of us unique, but when we get together, the picture is complete”**

**Quote from “The crayon box that talked.”**



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## FUNDRAISING CORNER

We are doing GREAT raising funds to replace our HVAC Unit and Bus Engine. So far we have raised \$5000.00 towards our \$20,000.00 end of year goal.

Any contribution you can make towards this goal would be appreciated.

We are designating all holiday funds received towards these very important projects.

You can donate here: <https://www.paypal.com/paypalme/BROpportunities>

Thank you to our recent donors:

Linda Cunningham

Dennis Wert

Kitty Hahn-Campanella

Katrina Burkhart

The Schrader Family

The Hingston Family

Joe & Mary Anne Biggs

Limeton UMC

Diane Rose

Steven Hajdasz

Avtex Retiree's Club



Thank you to our staff: Cathy,  
Troy, Kathy, Amanda, Chris, Don,  
Emily, Linda, Luke, and Sherry!

You all ROCK!

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The highlight of our fall was the Fiesta and Halloween Party!  
We had tons of games, treats and fun was had by all.





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## Holiday Closures

We will be closed the following days:

Thursday, November 23rd.

Monday, December 25th– Monday, January 1st.

We will reopen on Tuesday, January 2nd.

Cathy Wolfe- [cheberle@broportunities.org](mailto:cheberle@broportunities.org)

Troy Hawkins– [thawkins@broportunities.org](mailto:thawkins@broportunities.org)

Kathy Rosenberry– [krosenberry@broportunities.org](mailto:krosenberry@broportunities.org)

"TO KINDNESS AND LOVE, THE  
THINGS WE NEED MOST!"

- GRINCH



**Happy Holidays**

BLUE RIDGE OPPORTUNITIES  
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