

# Blue Ridge Opportunities

Summer/Fall 2023

Dear Family and Friends,

We have had a GREAT summer! We have been focused on exploring the communities of Front Royal, Luray, Winchester, Woodstock and Strasburg. We live in the great Shenandoah Valley and have access to so many amazing resources. We have especially enjoyed the Lego exhibit at the Museum of the Shenandoah Valley, the Mirror Maze at the Skyline Caverns in Front Royal and Massanutten Corner in Luray. We fully intend on finding every amazing thing our community has to offer.

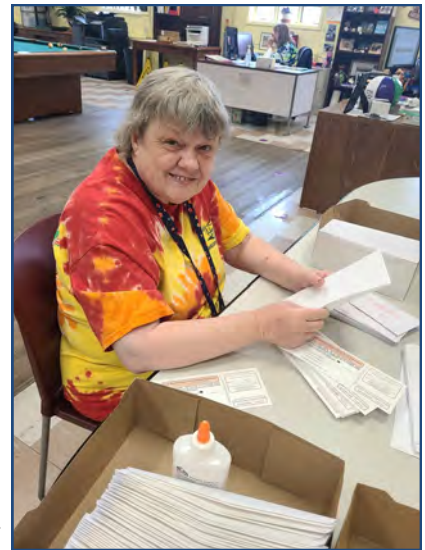


We have been volunteering for our non-profit partners in the community. We have done the Front Royal Fire Department's Annual Mailing which was over 25,730 pieces. We packed new teacher gift bags for the Chamber of Commerce. Lastly, with the start of school again, we are delivering back packs of food for the Backpacker's program every Thursday.

One of the most exciting partnerships we formed this summer is with Shenandoah Senior Living. Each week we visit our new friends and have joint activities on Tuesday mornings. Once a month they visit us!



We can't forget all the artwork we have been producing! We have created some amazing things and had a great time submitting them to the Warren County Fair. Everyone got a ribbon and some even won prize money for their projects! We hope you are following us on FACEBOOK to see what we do every week!



Building Foundations for Success

# Blue Ridge Opportunities

Summer/Fall 2023

## Friendship Club Corner

Our ultimate friendship goal is to develop positive relationships here and in the community. We begin each session by greeting each other and identifying our emotions for the day by using an emoji stick and answering the “why” we feel like this for the day. When we have a new team member joining our family we do a rapid fire questionnaire to find out about that person and look for others that have common interests. Everyone has had the opportunity to practice public speaking skills in order to help us build team skills and communicating while in the community. The group focuses on many topics such as patience, identifying personal space, gossiping, complimenting others, privacy, likes and dislikes, differences, positive and negatives, health and safety, personal and domestic hygiene, or respect. The group has games and activities that coincide with our topic of the week. We have played a game of Mirror – Mirror that makes us look at what we like about ourselves and things we may need to work on. Shout out certificates are awarded to those that do something nice for someone else. It is not uncommon for BRO to be doing Random Acts of Kindness. We have taped change to soda machines with a note “Have one on us” or hand someone a rose “ Just Because.”

## Reader activity;

Take a sheet of paper, crumple it into a ball while yelling negative names to work out your frustrations. Unfold and smooth out that piece of paper after you are done yelling. That piece of paper will NEVER be the same. WORDS HURT!

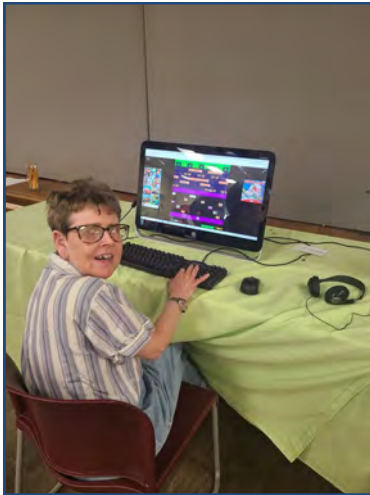
DON't QUIT.....



Building Foundations for Success



# Blue Ridge Opportunities



Thank YOU to Shared Knowledge for the donation of 2 desktop computer for our clients to explore the World Wide Web!



*Thank you*

## SPONSORSHIPS Available!!!!

BRO accepts sponsorships for the many activities we do! Many activities we participate in have a fee associated which we never have the individuals we serve pay.

1 Big Agency Event= \$500

1 Year of Client Activities

(per client) = \$250

1 Week of Gas= \$100

1 Community Engagement Activity  
( 1 staff/3 clients)= \$60

1 Thirsty Thursday= \$40

Thank you to Shae Parker at Hannah Signs in Front Royal for the donation of a new sign for our building! It's Amazing!

Thank you to our amazing direct support staff: Amanda, Chris, Darby, Don, Emily, Linda, Luke, and Sherry! These amazing folks keep everyone happy and engaged ALL DAY! You ROCK

*Amazing*

OOOPS! During the heat of the summer we lost two of our four AC units. We have replaced one for \$14,000. One more to go before Winter! Thank you Aire-Serv for being so QUICK!



Building Foundations for Success



# Blue Ridge Opportunities

Summer/Fall 2023

The highlight of our summer was our Luau!  
We had tons of games, treats and fun was had by all.





# Blue Ridge Opportunities

Summer/Fall 2023



# Blue Ridge Opportunities

Summer/Fall 2023

## Holiday Closures

We will be closed the following days:

Thursday, November 23rd.

Monday, December 25th– Monday, January 1st.

We will reopen on Tuesday, January 2nd.

Cathy Wolfe- [cheberle@broportunities.org](mailto:cheberle@broportunities.org)

Troy Hawkins– [thawkins@broportunities.org](mailto:thawkins@broportunities.org)

Kathy Rosenberry– [krosenberry@broportunities.org](mailto:krosenberry@broportunities.org)

## We Need:

100 piece puzzles

Markers – Paint

White Card Stock

Glue Sticks– Glue

Google Eyes– Stickers

Soft Yarns-any color

Pipe Cleaners– Craft Sticks

Tissues– Baby Wipes

Clorox Wipes

BLUE RIDGE OPPORTUNITIES  
37 Water Street  
Front Royal, VA 22630